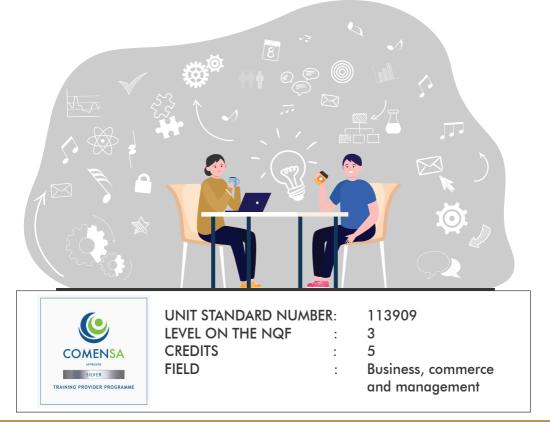
Great Leaders utilise Coaching Skills

Coach a team member, in order to enhance the individual's performance in the work environment.



PURPOSE OF THE PROGRAMME

Reaching WISDOM

Coaching | Train

This programme has been developed specifically to provide a manager, supervisor, team leader or any individual wishing to utilise coaching skills in their role in the workplace with the necessary knowledge, skills, tools, techniques, and practical experience related to "Coaching a team member in order to enhance the individual's performance in the work environment".

DURATION OF THE PROGRAMME

The course is 3-days classroom training and has a three month portfolio of evidence to complete for practical experience

THE QUALIFYING LEADER WILL BE CAPABLE OF:

- Explaining the concept of coaching in a business environment.
- Understanding the difference between coaching, mentoring, counselling & psychology.
- Gaining a better understanding of the Human being and Coaching, neuroplasticity, what constitutes for a brain and what coaching is and is not!
- Demonstrating skills and techniques required of a coach.
- Developing an action plan to coach team members.
- Gathering evidence and monitoring progress.

TOPICS WE WILL COVER IN THE PROGRAMME

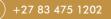
- 1. History of Coaching
- 2. The difference between Coaching & Training
- 3. The Human being and Coaching
- 4. Neuroplasticity
- 5. Did you know that you have 3 brains?
- 6. What constitutes for a brain?
- 7. What COACHING is and is not!
- 8. The importance of true Communication
- 9. Methods of communication
- 10. The presuppositions & mind reads of NLP
- 11. Presuppositions
- 12. Active & Deep Listening
- 13. Listening skills
- 14. Excellent Questioning Techniques
- 15. The coaching process
- 16. Coaching Contracts and Agreements
- 17. Building trust and rapport
- 18. Coaching skills, tools and models
- 19. Coaching Styles & Models
- 20. Monitoring & Feedback
- 21. Action, Accountability & Assessment
- 22. Evaluating the growth & development process

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23. Coach Credentialing guidance



Reaching WISDOM



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